

Nashua-Hudson Toastmasters Club #2440, District 45

## The Toastmaster's Mission

The mission of a Toastmaster's club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

## Meeting Information:

The Nashua-Hudson Toastmasters Club meets on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of every month at the Nashua Public Library, 6:30 -8:30 PM. Visitors welcome!

For more information contact Don at 883-9757, Ted at 289-5693, or visit [www.n-htm.org](http://www.n-htm.org).

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Left: Mike Truesdell helps Oliver McMahon with a card trick.



Right: Marcia Sprague inducts new members.

## Ceremony A Big Success

The Nashua-Hudson Toastmasters Club celebrated the induction of new members and the installation of new officers during a ceremony at the Crowne Plaza in Nashua on July 26<sup>th</sup>.

Over 30 members and guests attend the event which include a social hour, buffet dinner, and sample Toastmasters meeting. Norman Katz

was Toastmaster for the evening.

Allison Anneser conducted "Dear Toasty Advice" table topics; Kevin Poniatowski gave a superb speech which exemplified all the elements of a great public speaker, and Oliver McMahon provided added entertainment with a magic demonstration.

New Division A

Governor, Marcia Sprague, installed the new officers and inducted new members Zeping Shen, Philip Szalowski, John Boniface, Priya Krishnan, Bill Choquette, and Cornelia Eschborn.

We look forward to more Toastmaster events in the future. If you have thoughts or ideas, let us know. Our 45<sup>th</sup> anniversary is just around the corner!

## Mentoring Program Highlights

By: Arthur (Art) Andrew, (ATMB) Mentor Program Coordinator(603) 883-2415; articulatepos@cs.com

The Nashua/Hudson Toastmasters mentoring program is intended to provide new members with a "go to" person in the club who is willing to provide guidance and feedback as requested. More experienced club members may also request a mentor to help them overcome obstacles in their learning experience and to keep them on track as they seek to achieve their goals.

The new member package from Toastmasters

International contains a mentor request form that can be filled out and passed on to either the mentor program coordinator or the club Vice President for education. For those who do not have access to the mentor request form, a simple verbal or e-mail request will be honored.

While there is no requirement for new members to have a mentor, there are certainly many reasons why it is a good idea.

New members are often uncertain about how they fit into the club and may even be intimidated by more experienced members who have achieved a high level of speaking ability. There are no cliques in our club! All members are respected equally. A mentor can help the new member assimilate easily into our friendly and hospitable club environment.

Our mentor pool is made up of experienced members (continued on page 2)

### Discount Manuals Available

New members automatically receive the new Competent Leadership (CL) manual when they join Toastmasters. "Older" members (you know what I mean!) can purchase them through the club for \$4.

### Submit A Newsletter Article

If you would like to contribute an article to the club newsletter (and complete Project #6 in the new CL manual!), contact Allison Anneser at 465-3403 or [allisonanneser@charter.net](mailto:allisonanneser@charter.net).

### Humorous Speech and Evaluation Contest Sept. 20<sup>th</sup>:

Slots are still available for speakers and evaluators to participate in the Humorous Speech and Evaluation Contest. If interested, contact Ron Legere at [rjlr2@gmail.com](mailto:rjlr2@gmail.com). The contest will take place during our regular meeting on Sept. 20<sup>th</sup>.

## The Competent Leadership Manual\*

The basic Communication and Leadership manual has now been divided into two separate manuals: Competent Communicator (CC) and Competent Leadership (CL).

The CC manual contains the 10 speeches of the former basic manual; the CL manual is new. Toastmaster International wants to emphasize

leadership skills as well as communication.

The manual contains a series of 10 projects which focus on various leadership skills. To complete projects, members fill meeting and club roles then receive a written evaluation from a fellow member in their manual. The projects can be completed in any order and worked on

simultaneously with the CC manual.

Don't be shy! Every time you participate in a meeting, get credit in your new CL manual. This is what Toastmasters is all about. Don't leave a meeting without getting the leadership credit you deserve!

(\*See p.3 for Project Matrix)

## Mentoring Program Highlights (cont. from pg.1)

who volunteer to serve in the mentoring role. There is no particular length of time a member must be involved in the club before volunteering to be a mentor. It is desirable, however, for a mentor to have served at least once in all club meeting roles and to have delivered several prepared speeches.

Among other things, mentors can orient new

members to club procedures and customs, explain the various roles and how to sign up for them, introduce them to other members and club leaders; provide guidance for the first speech "the icebreaker", and answer any questions the new member may have.

While Nashua/Hudson Toastmasters club has always been one of the finest in our district, the

newly-inspired energy and direction provided by the current leadership has brought the club to new heights of achievement.

A dynamic mentoring program is an essential part of our continuing progress and we will collectively do our best to ensure that progress continues unabated. If you have questions, contact Art at 883-2415 or [articulatepos@cs.com](mailto:articulatepos@cs.com).

## Welcome New Members

We would like to welcome new members Bill Choquette, Zeping Shen, John Boniface, and Susan Van Abs.

Both Bill and Zeping jumped right in and have already completed their Ice Breaker speeches. John is a former member who

received his CTM under the tutelage of Don Winn several years ago. Now he's back for more!

Susan is also a member of the Westford Expressions and The Synergists at Lucent in Westford, MA. After attending our club as a guest, Susan decided to

join our club as well. We appreciate her enthusiasm, feedback, and valuable insights already.

We are glad you all decided to become part of the Nashua-Hudson Toastmasters Club. If we can assist you in any way, please let us know.

# Competent Leadership Project Matrix

(catalog no. 265, USS6 + shipping)

- ✓ Learn about various leadership skills & tips from manual
- ✓ Practice by serving in different meeting or club roles
- ✓ Receive evaluation from fellow members

*(This table lists meeting or club roles that fulfill project requirements in the Competent Leadership manual)*

Role	Listening & Leadership Critical Thinking Giving Feedback Time Management Planning & Implementation Organizing & Delegating Facilitation Skills Motivating People Mentoring Team Building									
	1	2	3	4	5	6	7	8	9	10
Speaker				▲	▲					
Speech Evaluator	▲	▲	▲					▲		
Timer				▼						
Grammarians	▲	▲	▲	▲						
Ah-Counter	▲									
Table Topics Speaker	▲									
Table Topic Master				▲	▲		▲			
General Evaluator		▲	▲		▲		▲	▲		A
Toastmaster				▲	▲		▲	▲		A
Help to Organize a Club Speech Contest						▲				
Chair a Club Speech Contest										B
Help Organize a Club Special Event						▲				
Chair a Club Special Event										B
Help Organize a Public Relations Campaign						▲				
Chair a Public Relations Campaign								▲		B
Help Organize a Club Membership Campaign or Contest						▲				
Chair a Club Membership Campaign or Contest								▲		B
Help Produce the Club Newsletter						▲				
Assist the Club Webmaster						▲				
Serve as Club Newsletter Editor or Club Webmaster										B
Befriend a Guest at a Club Meeting							▲			
Mentor for a New Member									▲	
Mentor for an Existing Member									▲	
Guidance Committee Member									▲	
Must complete at least the listed number of the ▲ roles shown	3	2	3	1	3	1	2	3	1	2A or 1B
								*		

▲ - choice of role                      ▼ - must complete  
 \* - at least 3 of the roles listed, one of which must be a Chairman position

Kathleen Wong, District 60 Lt. Gov. Education and Training, Kathleen\_Wong\_LGET@yahoo.com

## Club Officers

Don Winn, President

Ron Legere, VP- Education

Ted Setas, VP- Membership

Allison Anneser, VP- Public Relations

Kevin Poniatowski, Secretary

Norman Katz, Treasurer

Michael Truesdell, Sergeant at Arms

## Table Topic Tips

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Table Topics has a twofold purpose: to practice thinking and speaking quickly and to give everyone at the meeting an opportunity to speak.

The responsibility of the Table Topics Master is to compile a list of questions (topics)

usually based on the meeting theme. At the meeting, they call on members (or guests, if they agree) to give an impromptu one-to two-minute speech.

Rather than asking for volunteers, as we have done in the past, the Table Topics Master should look for

members who have a small role or no role at all and call on them first.

Following this Toastmasters tradition insures every member has a chance to speak at a meeting. If you have thoughts or questions, let us know!

## About Toastmasters

Toastmasters International is the world's leading non-profit organization devoted to the improvement of individual communication and leadership skills.

Since 1924, Toastmasters

International has helped millions of men and women become more confident in front of an audience. With over 200,000 members in 10,000 clubs in 80 countries, this learn-by-doing program can help you become a

better speaker and leader.

Don't delay! Become the speaker and leader you want to be. For more information, visit, [www.toastmasters.org](http://www.toastmasters.org).



*Become the leader and speaker you want to be!*

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