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Editor: Lousie Bernier, DTM

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www.toastmasters45.com

Are you registered yet?
Join us in Fredericton, New Brunswick

May 28 -30, 2010.

Education * Contests * Awards * Friends & more....



District Governor

*Wendy Harding, DTM
District 45 Governor*

A Dream of a Conference

May is a wonderful month. Flowers are blooming throughout District 45 and warm, sunny days are no longer just a dream. The District 45 Spring Conference will also no longer be just a dream because that Dream will be changed into a Reality!

I invite each member of District 45 and their guests to come to Fredericton, New Brunswick May 28-30 for the District 45 Spring Conference. Conference Co-Chairs Patricia MacNevin, ACB, ALB and Steve Sullivan, CC and their Committee are planning a wonderful event and the Toastmasters of Areas 13 and 19 don't want you to miss it. They are planning some fun networking events. Bring your talent and you will have an Opportunity to Dream!

Lt Governor of Education and Training Sue Francesco, DTM has planned a jam-packed line-up of Educational Sessions led by our members where we will learn new ideas and new approaches to some not so new ideas.

We are honoured to have Region 7's 2nd year International Director, Annelie Weber, DTM attending our conference. Annelie will be presenting one of our educational presentations as well as getting to know our members. Annelie is from the State of Maryland and we will show her that the other Districts in Region 7 can only dream of having a conference as wonderful as District 45!

Another highlight of our conference will be our contests! The Table Topics and the International Speech Contests will give us the opportunity to enjoy the talents of our members as they compete. We will truly all be winners at these contests.

Our awards luncheon will allow us to share the triumphs of the members and clubs of our District as we applaud them for Changing Their Dreams into Realities. As District Governor, I'll be proud to present our 2010 District 45 Communication and Leadership Award to a citizen of Fredericton who has displayed excellent communication and leadership skills to improve our world.

Don't forget about the District Council meeting where we will be voting for the 2010-2011 District Leadership Team and District realignment, and our Officer induction that will be conducted by International Director Weber on Sunday morning.

I've truly only hit on some of the highlights of the conference. Visit the District Conference website <http://spring.district45conference.com> often in the coming days as there will be lots of information being posted there between now and conference.

Don't just dream of attending this conference, register NOW!

Lieutenant Governor Education and Training



*Sue Francesco, DTM
Lt Governor Education and Training*

Why become a Toastmaster Leader?

Why does a member become a leader? Think back to the first time you walked into your first Toastmaster's meeting. Why did you go? For most of us, it was because someone invited us who had had positive experience with Toastmasters and wanted to share the opportunity. For others, it was because we were personally challenged by speaking in public and Toastmasters was supposed to provide the means for us to "get over it" or at least become more comfortable with public speaking. There are a myriad of other reasons guests join a club but these two are the most typical.

Once a guest joins they progress through the program at their own speed. Most do become more comfortable with public speaking – at least comfortable with speaking at a Toastmaster club. Then, the opportunity to take on a club officer role is presented. For some people this is an easy step because they know current club officer who is willing to mentor them in this new role. For others, the 'old' fear of failure might just creep into their self-talk. "What if I don't do a good job? What if no one listens to me? What if I make a mistake?" These are real fears and certainly can hinder many from taking that next step toward leadership. Unless born into royalty, most people are not "born" leaders. In fact, most people have to learn leadership skills to become leaders. Does Toastmasters teach leadership?

In fact, Toastmasters International changed the program in January of 2006 to introduce the Competent Leader manual. This manual, if used appropriately can give each and every Toastmaster the opportunity to learn the leadership skills they will need to take on club officer roles as well as some other leadership roles such as Club or Area Contest Chair, Webmaster, Assistant Webmaster, chair of a Toastmaster Leadership Institute (TLI) in your District, or even take on an Area or Division Governor position.

Yes, Toastmasters teaches leadership! Take a look at the front cover of YOUR Competent Leadership manual. Note that it says at the very top: "A practical guide to becoming a better leader". Flip open to the Table of Contents and read down through the title of the projects one through ten. Do you think there are any effective leaders who do not possess these ten skills? Some leaders are better at some skills than some of the other skills.

For example, I am much better at mentoring other people than I am at time management. Does not mean that I have no time management skills? No, it just means I have to be aware of that personal challenge and ask others to help me stay on task or within time.

Next, turn to page six – the Introduction page for the manual and read it again. Every organization needs leaders (scan the list of leader qualities listed) and what organization wouldn't love to have leaders with experience? Your Toastmaster organization along with this manual provides you with the opportunity to get practical leadership experience in the same "mutually supportive and positive learning environment" that you have come to expect at every club meeting.

Lieutenant Governor Education and Training cont...

Each of the ten projects provides you with a focus on specific leadership skill, an assignment that you can do within a meeting or club role and most importantly you get the valuable feedback from a fellow Toastmaster much like you get an evaluation after a speech. I urge each of you to take the time to actually study the projects and work at becoming a leader. If you are already a leader – study the manual and become a better leader. We can all improve our communication as well as our leadership skills.

Why become a Toastmaster leader? Leadership is a challenge and for many accepting a personal challenge is invigorating and exciting. Maybe you want to “give back” to an organization that has helped you achieve personal goals. I’m sure you are thinking, I have way too much on my plate already – I can’t possibly add a Toastmaster leadership role to my busy schedule. In fact, you might be right, but historically, the busiest people make the best leaders because they learn how to delegate. If you learn how to delegate you learn how to empower people. If you learn how to empower people they in turn become the support that all busy people need to be successful. Consider becoming a Toastmaster Leader and [Changing Dreams into Realities](#).

Clubs in District 45 who have earned the highest # of educ. Awards (As of April 30th, based on their July 1st base membership)

Club	Name	Educ awards	July 1 base	Ratio
1121700	River Talkers Toastmasters	15	23	0.652
2156	Brunswick Toastmasters	8	15	0.533
974612	Faithfully Speaking Toastmasters Club	11	22	0.500
7682	Tri-City Club	6	12	0.500
1117322	Dirigo Toastmasters Club	6	13	0.462
2112	Capital Toastmasters	9	20	0.450
1094	Portsmouth Toastmasters	6	14	0.429
983146	Karner Blue Toastmasters	9	21	0.429
1479	Saint John Club	7	20	0.350
4588	Sackville Club	8	24	0.333

The New Club Leadership Kits Are Coming!

In May and June, all Toastmasters clubs will receive the new Club Leadership Kit, which consists of all seven club officer manuals and the Distinguished Club Program manual (Item 1111).

The kit will be mailed to the current club president of record, who will then be in charge of providing it to the incoming club president for 2010-2011. These materials are very important to the future success of your club, so please take special care to see that they are given to the incoming club officers.

Electronic versions of the [club officer manuals](#) and [Distinguished Club Program manual](#) are also available for free on the Toastmasters Web site.

Lieutenant Governor Marketing



Wayne Mercer, DTM
Lt Governor Marketing

Have you checked your Club's Membership Roster lately?

The end of the Toastmasters year is quickly approaching. Clubs have just paid their semi-annual dues and many clubs in District 45 have reached "Distinguished" status. How is YOUR club doing?

Frequently this time of year we have clubs that have earned 5, 6 or even 7 points but who are not yet "Distinguished" because they don't have twenty members. Maintaining charter strength and having twenty **active** members helps ensure that enough people are in attendance to have quality meetings. I've heard it said that "A person who learns to speak in front of twenty people will have no trouble speaking in front of much larger crowds."

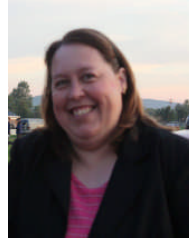
Club growth helps every member and as a result strengthens your club. But it isn't enough to attract and recruit members, it's also very important to ensure that every member is registered with Toastmasters International. It's not unusual for the Club President and VP Membership to sit down to examine their DCP only to discover that there are more members in the club than indicated on their roster at TI. This can easily happen when a member hands in an application separately from their dues, or if a member is initially registered near the end of September or March and their registration isn't quite processed yet at renewal time. A returning member that pays later in the year may be forgotten when everyone "assumes" that their renewal was submitted. Sometimes registrations get overlooked. It's frustrating for both the member and for the VP Education to suddenly discover this just as they are getting ready to submit an educational award application.

Take a minute to think about the members in your club. Count them. Then look at your DCP listing to see if your numbers match. I encourage you to check your membership roster often in the club business section of the Toastmasters International website. If you are not sure how to check this, ask your Area Governor for help. Chances are that all of your information is accurate, but isn't it better not to leave things up to chance?

Beat the Clock

Program Dates: May 1 – June 30

Toastmasters are taught to run meetings on time, finish speeches on time and make membership goals on time. "Beat the Clock" is about finishing the year on schedule -with a bang! Here's a wonderful new club goal: Earn the "Beat the Clock" award! Plan a contest in your club to motivate every member to get involved. Clubs adding five new, dual or reinstated members during these two months receive a "Beat the Clock" ribbon to display on the club's banner. Membership applications and payment for members who join between May 1 and June 30 must be received at World Headquarters or online no later than June 30. Each member's join date as listed on the application must be no later than June. Transfer and charter members do not count for credit. Effective July 1, 2009, in addition to the ribbon, qualifying clubs will also earn a special discount code for 10% off their next club order.



*Louise Bernier, DTM
Public Relations Officer*

Create an Opening-Invite a Friend!

The best form of Public Relations is word of mouth. As a member, YOU are the most powerful resource to the Public Relations team. Do your friends and associates know that you are a Toastmaster? What do you SAY when they ask about your club or about our organization?

Describing Toastmasters as a “Public Speaking” group doesn’t sound sufficient, does it? It’s difficult for non members to comprehend how much fun we can have while practicing professionalism at the same time. For people to understand that our meetings are not boring, but rather extremely supportive sessions where we get to laugh and share. Non members don’t get that Toastmasters is a playing field where it’s ok to make mistakes. We learn by doing. We learn from one another.

How many times have you heard a guest mention that your meeting was not at all what they expected? I don’t know if it’s possible to truly understand Toastmasters without actually attending a meeting, but first we need to get them in that door.

Try creating an opening for people to ask you about Toastmasters. Wear your Toastmasters pin to public functions. If your club offers ribbons, don’t tuck them away in your manual, but try displaying them proudly. Try leaving your manuals on your desk or the Toastmasters magazine in a location that will grab office visitors’ attention. Consider adding your Toastmasters designation to you e-mail signature, or better yet, add a quote from Ralph Smedley and/or a reference to your club’s website.

As passionate as I am about Toastmasters, I’ve never been very good at adequately explaining my enthusiasm to non Toastmasters. I have learned to create an opening though and I’m always ready to offer an invitation for them to come and visit so that they can see for themselves. If my home club isn’t on a night that works for them, I’m also ready to offer suggestions for an alternative club nearby. When was the last time you invited a friend to your meeting? Don’t wait for an “open house” or a “bring a friend night”. Create an opening and ask them to drop by. You may just change someone’s life.

A Gentle Reminder: Toastmasters International and its members are dedicated to protecting members' privacy. Use of contact information (names, postal or electronic addresses or telephone numbers of clubs or their members) is prohibited for any purpose other than official Toastmasters business.

17 Ideas on How and Where to Promote Toastmasters

From an article in the June 2008 issue of the *Toastmasters Magazine*.

1. **Newspapers.** The easiest way to secure media coverage is through press releases to local newspapers. Newspapers are usually more accessible than radio and television stations, and they allow you to communicate more information, such as the club's contact information.
2. **Electronic Media.** **Public service announcements** (PSAs) and videotaped commercials can be aired on radio and cable television stations. Local talk shows might be interested in featuring a Toastmasters officer discussing the importance of communication training in the workplace.
3. **Local Government.** Contact your city hall for information on how to get your message displayed on the city's cable television programming. Also try to get your Toastmasters activities listed in the city's community services calendar, published through the Parks and Recreation Department.
4. **Chamber of Commerce.** An ad in its newsletter or a presentation by a Toastmaster at one of its meetings will reach influential local business people. IF someone in your district is a chamber member, a group of Toastmasters may want to hold a chamber of commerce social hour.
5. **Libraries.** Submit extra copies of The Toastmaster magazine to the library's periodicals department and attach a card with the club's contact information. Also post fliers and ads on bulletin boards.
6. **Corporate Publication.** Editors for employee newsletters might be interested in camera-ready ads about your club as "fillers." If the organization has an internal Toastmasters club, by all means use the newsletter as a vehicle for sharing your Toastmasters activities with other employees.
7. **Employee Orientation.** Make sure in-house Toastmasters clubs in corporations, hospitals, government agencies or other organizations have their clubs mentioned during new-employee orientation seminars.
8. **"Welcome to the Community" packets.** These are distributed to all new residents in a city and contain promotional materials from local merchants and organizations. Your ad or flier should be included in this package.
9. **Universities and Community Colleges.** Like cities, many Universities have internal cable TV and radio stations, as well as publications reaching students, staff and faculty. Arrange to have a Toastmaster give a presentation as a guest lecturer in a speech communication class. Or better yet, try to participate in communication-related campus events – like "Communications Week," for example – and be prepared to host a booth and offer promotional fliers. If your district already has a University club, make sure it is publicized in campus media, as well as in new-student or freshmen orientations.
10. **High Schools.** Organize or judge speech contests for seniors, or give seminars on career planning. Even if students don't join your club, this is an opportunity for media exposure and gives parents, staff and teachers a good impression of our organization.
11. **Community Events.** Participate in local fairs, parades, sports tournaments and holiday celebrations. Wear your Toastmasters pin, display your club banner and ribbons and offer **handouts** at a booth. Again, the community services or recreation departments in your city will have a list of these events.
12. **Proclamations by Politicians** (local, state or federal) honoring a specific event or anniversary. You can also ask them to proclaim an official Toastmasters Week (day or month) or Youth Leadership Week, etc.
13. **Billboards.** Just as television and radio stations are required to regularly air free public service announcements, billboards also must frequently exhibit messages by nonprofit organizations as a public service. Your only cost involved would be for printing the message, which can be done surprisingly inexpensively. Contact a public affairs representative in your area for more information.
14. **Offer Speechcraft and Youth Leadership Programs.** This is a great way of showing the public what Toastmasters is all about.
15. **Create Club or District Business Cards** indicating your meeting time and place, and distribute them to friends and colleagues along with a personal comment on how Toastmasters training has benefited you.
16. **Use TI Bumper Stickers and Mugs.** Wear **TI shirts**, and display your Toastmaster trophies in a prominent place in your home and office.
17. **Wear Your Toastmasters Pin!** It's a good conversation starter.

*Featured Article – District Realignment***District Realignment**

The District realignment process was chaired by IPDG, DTM Candice Buell. Candice worked with the Division Governors who worked with their Area Governors who consulted with their clubs. On behalf of all those involved in the process, the Realignment Committee is pleased to offer a proposal for realignment.

Rationale:

There has been growth in some Areas and there has been club loss in some Areas. This requires some realignment to ensure that Areas stay within the requirement of 4 – 6 clubs (unless a new club is imminent). Division C currently has 6 Areas and while no new Areas are being created, it is anticipated that this will be needed within one to two years. Therefore, it is being recommended that Division C split into two Divisions to better serve the Areas and clubs. Division D is currently at 22 clubs with one club ready to charter and another club that will charter before the end of June or early in the new District year. This means each Area would be at their maximum number of clubs. It is being recommended that two new Areas be created to allow for future growth. As well, it is 8 hours from one end of the Division to the other so it is also being recommended that the Division split into two Divisions to better serve the Areas and clubs.

Impact:

Clubs – as with any realignment, there is little impact on clubs and they way in which they operate.

Leadership – The proposal will create three new leadership positions (one Area Governor Position and two Division Governor Positions). This will provide increased opportunities for members to assume leadership roles beyond the club level and to create an even greater pool of experienced leaders for the Senior Leadership positions.

Contests – some clubs will now be able to send two contestants to the Area contest because there will be fewer clubs in some Areas. There will be 6 contestants rather than 8 in each District contest and each Division will be able to send only contestant. However, the changes result in greater competitive opportunities above the club level. With the current alignment, there are 168 potential opportunities to compete beyond the club and with the proposed alignment, there will be 182 opportunities.

District Realignment Proposal

The Proposal:

It is proposed that the following realignment take place:

Division A – Club #3609 Winning Speakers be moved from Area 21 to Area 7
Clubs # 778824 Core and #902446 Pine Island be moved from Area 21 to Area 16

Division B – no changes

Division C – Club #4502 Advanced Dawn Beakers be moved from Area 19 to Area 3
That Division C be split into Division C and E with Division C comprised of Areas 4, 13 and 19 and Division E comprised of Areas 2, 3 and 17.

Division D – that Division D be split into 6 Areas and two Divisions. Division D would be comprised of Area 1 (#3978 Schooner, #5375 Spirit-ed, #821874 Dal Toastmasters and #141086 Milque Toast), Area 21 (#4505 East Coast Raconteurs, #1555 Sears Halifax, #3285 Steel Centre and #9307 Tic Talkers), Area 18 (#8183 Speakeasy, #1067481 J-Talkers, #974612 Faithfully Speaking and #6022 George Burton). Division F would be comprised of Area 9 (#1121700 River Talkers, #3217 Downtown Speakers, #1042034 CGI and #4592 Toast of the Coast), Area 11 (#1327791 Successfully Speaking, #4588 Sackville, #8104 Annapolis Valley) and Area 22 (#5705 Harbourview, #4653 Yarmouth, #3119 Dartmouth and #4450 Sunrise).

Your comments are welcome. Visit our blog on this topic at:

<http://toastmasters45.wordpress.com/>



Did you know that Toastmasters International has also realigned its' Regions?
District 45 is moving to Region XI.

Special Recognition

Triple Crown Achievers



Attain three or more educational awards before June 30, 2010 and you will be recognized as a **“District 45 Triple Crown Achiever”**. You will be recognized in the newsletter and on the District website, and you will get special recognition at the Spring Conference in Fredericton in May!

Congratulations to our latest Triple Crown Achievers as of April 15:

Malinda Lohnes has completed her Competent Communicator, a Competent Leader and an Advanced Leader Bronze for River Talkers Toastmasters.

Judith A. Maguire has completed her Competent Communicator, a Competent Leader and an Advanced Leader Bronze at Lakes Region Toastmasters Club. Judy also received a Leadership Excellence (HPL) Award.

David H. Mills has completed his Competent Communicator, a Competent Leader and an Advanced Leader Bronze at Capital Toastmasters.

Pam A. Moyer has completed her Competent Communicator, a Competent Leader and an Advanced Communicator Bronze at Dirigo Toastmasters Club.

Jane A. Rafuse achieved an Advanced Communicator Gold and Advanced Leader Silver, and has attained her Distinguished Toastmaster Award at the Sackville Club. Congratulation Jane!

John R. Reed achieved 2 Competent Communicator Awards at Winning Speakers Club as well as a Competent Communicator for TM of Manchester Club.

Melinda Scott has completed her Advanced Communicator Bronze as well as a Competent Leader and an Advanced Leader Bronze at ACOA NB Speakers Choice / Choix des Orateurs Apeca NB.

We’re also celebrating these DTMs and we couldn’t be prouder!!

<i>Name</i>	<i>Club Name</i>	<i>Date Received</i>
Jane A. Rafuse	Sackville Club	03/24/2010
Carl J. Duivenvoorden	Civil Speakers Club	03/26/2010

Well Done! Congratulations to all for *Changing Dreams into Realities*



Club and Area News

We're celebrating a New Club!!!



Milquetoast #1410864

located in Halifax, NS

Chartered on April 13, 2010

Welcome to District 45!



Club Anniversaries

Congratulations to the members of each of the following clubs in District 45 who will be celebrating their anniversary in May.

Running Hill Toastmasters Club	Club # 1246807	Est: 05/01/2009	(1 year)
EMHS Toastmasters	Club # 1152309	Est: 05/05/2008	(2 years)
Club Toastmasters Francoénergie	Club # 870865	Est: 05/09/2007	(3 years)
ECHO Toastmasters Club	Club # 911646	Est: 05/16/2006	(4 years)
Pine Island Toastmasters Club	Club # 902446	Est: 05/22/2006	(4 years)
Horseshoe Pond Toastmasters Club	Club # 1383	Est: 05/13/2002	(8 years)
ExcelOrators Toastmasters Club	Club # 4557	Est: 05/01/1999	(11 years)
Kennebecasis Club	Club # 4402	Est: 05/01/1997	(13 years)
Speakeasy Toastmasters Club	Club #8183	Est: 05/01/1991	(19 years)
Speak-Easy Toastmasters Club	Club #3948	Est: 05/01/1979	(31 years)
Portsmouth Toastmasters	Club #1094	Est: 05/01/1959	(51 years)



**Pictured:**

Front Row L-R: Alyssa Berg, Phillip Berg and Michael Stillings

Back Row L-R: Sue Francesco, District 45 Lt. Governor of Education & Training; Sheila Oranch, Program Assistant Coordinator, Matthew Carignan, James LaBrie and Judy Maguire, Area 20 Governor and Program Coordinator

FOR IMMEDIATE RELEASE:

Contact: Judy Maguire
Laconia, NH 03246
524-8994

YOUTHS COMPLETE TOASTMASTERS PROGRAM

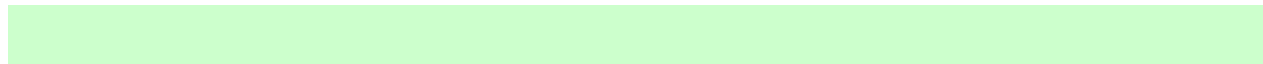
Laconia, NH – March 20, 2010 nine young people from the Boys & Girls Club of the Lakes Region earned their Toastmasters Youth Leadership Certificate of Completion. The young achievers organized a special Youth Leadership Demonstration and Recognition meeting following their eight-session program. Youth Leadership achievement recognitions went to: Alyssa Berg, Phil Berg, Matt Carignan, Darien Horne, Jim LaBrie, Adam Mariano, Susan Preston, Nick Provençal and Michael Stillings.

In honor of their accomplishment, Governor Lynch issued a proclamation that henceforth March 20, 2010 was declared Toastmasters Youth Leadership “Give Youth A Boost” Day. Matt Carignan read the proclamation to an enthusiastic audience of family, friends, staff and Toastmasters dignitaries. Carignan, the Boys & Girls Club of the Lakes Region’s Youth of the Year speaking competition winner, will go on to the statewide competition on May 19.

The Youth Leadership Program was developed especially for young people by Toastmasters International, the world-wide public speaking organization. It was adapted from the adult program; offering young people an opportunity to learn effective speaking, listening and thinking skills, and practice in conducting meetings. It is a natural complement to the Boys & Girls Clubs of America mission, “To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible, and caring citizens.”

This Youth Leadership Program was sponsored by Lakes Region Toastmasters in Franklin with Judy Maguire, Program Coordinator, and Sheila Oranch, Assistant Program Coordinator, from White Mountain Toastmasters in Plymouth. The Boys & Girls Club support team included: Pat Bushey, Teen Center Director; Tony Walters, Youth Development Professional and Barbara Leone, Board Member. Another program is planned at the Boys & Girls Club in the fall. Please contact Pat Bushey at 528-0197 for more information about programs at the Boys & Girls Club.

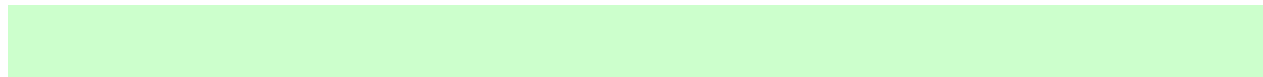
Toastmasters International clubs, Speechcraft and Youth Leadership Programs help participants learn by doing and there are no grades. Each participant has the opportunity to gain self-confidence, achieve personal goals and celebrate accomplishments, learning at their own pace. To learn more about the Toastmasters educational and community service programs, visit www.toastmasters.org.



Important Announcement

District Conference Proxies

Proxies for our District business meeting in May are available on the Spring Conference website. <http://spring.district45conference.com/documents/Proxy2010May.pdf>. If the Club President and/or Vice President of Education are not attending the conference but another of your club members is, then the proxy should be filled out and sent with that club member. Any member can carry a maximum of 2 votes (including proxy votes) unless the member is an Area Governor, Division Governor or other Senior District Officer and then a maximum of 3 votes (including proxy votes) may be carried.



Spring Conference Presenter

What's Your GRIPE?

Not certain about your **G**oal, **R**esource, **I**mage, **P**otential, and **E**xcellence? Whether a new member or an “old timer,” let’s explore and discover greater levels of success in our lives. Allow this workshop to challenge you to take the next step on your Toastmaster journey and not only dream your dreams, but changing your dreams into realities. By attending your District Conference, you are already demonstrating that you have greatness in you. Together, let’s examine how you can make others benefit with the talents you already have and will acquire. Why not be bodacious and consider just one of the many leadership challenges Toastmasters has to offer you.

Far too often, we keep delaying living the life we wish. Don’t you feel sometimes that there could and should be more....? Let Toastmasters help you get it! Explore the many opportunities and leadership challenges we are offered and how we can personally benefit from them. Are you making your investment in the Toastmasters program pay off? Are you getting the most return on your investment?

It is my hope that you’ll leave this workshop empowered, emboldened, and passionate to achieve all your dreams, and make them into realities, as well as empower others to do the same. Become the leader you can and should be.

Annelie Weber, DTM has been a Toastmaster for 29 years. She is currently serving Toastmasters as International Director with the goal of making our organization to be the undisputed leader in the world for developing communication and leadership skills. She is serving all Districts world-wide, but especially those Districts in Region VII and that includes District 45.

As the District Governor in the year 2005 – 2006, Annelie led her District to Select Distinguished. She has served Toastmasters in various other leadership roles, including TLI Dean, Region Registrar, Region Education Chair; seminar leader, and trainer. She is a great proponent of James Allen’s maxim -- that we are only limited by the thoughts that we choose! Annelie salutes all Toastmasters in District 45 who resolve to make their dreams into realities and offers her support to all.

Educational Achievements received March 2010



Congratulations to all those Toastmasters who achieved one or more educational and leadership awards so far in 2009-2010. Here is a list of those individuals who achieved awards between July 1st and December 31st, 2009

Communication Awards

Competent Communicator Awards

Name	Club	Date Achieved
Brent E. Drennan	Ad Libs Club	3/1/2010
Susan Francesco	Karner Blue Toastmasters	3/2/2010
Diane W. Avery	Karner Blue Toastmasters	3/2/2010
Julia Maria Leblanc	Hub City Toastmasters Club	3/3/2010
Lisa Chronis	Capital Toastmasters	3/5/2010
Bridget Eileen Gallagher	Nashua-Hudson Club	3/7/2010
Dee A Stubbs-Lee	Harbourside Club	3/10/2010
John R. Reed	TM of Manchester Club	3/19/2010
Christina P Desjardins	Kennebecasis Club	3/21/2010
Fred Marvin Strout	Kennebec Valley Toastmasters	3/24/2010
James Hnatiuk	Faithfully Speaking Toastmasters Club	3/25/2010
Valerie Cummings	White Mountain Toastmasters Club	3/28/2010
Nadia Artieri	Moncton Toastmasters 7068	3/29/2010
Leon Abraham Payne	PLGS Toastmasters Club	3/29/2010
Marcy Caulkins	Keene Toastmasters Club	3/30/2010
Simon J. Gillis	Dartmouth Toastmasters Club	3/30/2010
Bernadette T. Rose	Savvy Speakers	3/31/2010
Tanya E. Hoyt	Valley Health Toastmasters Club	3/31/2010

Let's Celebrate!!

<i>More Educational Achievements received March 2010</i>
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Advanced Communicator Bronze Awards

Name	Club	Date Achieved
Nadine Wentzell	Sears-Halifax Club	3/1/2010
James MacDonald	Dartmouth Toastmasters Club	3/3/2010
Bob G. Clarke	Spirit-Ed Toastmasters Club	3/4/2010
Thomas B. Dowd	Dirigo Toastmasters Club	3/5/2010
Cameron Ells	Sears-Halifax Club	3/7/2010
Melinda Scott	ACOA NB Speakers Choice / Choix des Orateurs Apeca NB	3/12/2010
Leon A. Livingstone	Golden Club	3/18/2010
Pam A. Moyer	Dirigo Toastmasters Club	3/30/2010
Janet Darlene Glennie	Sackville Club	3/31/2010

Advanced Communicator Silver Awards

Name	Club	Date Achieved
Heather Perkins	Schooner Club	3/3/2010
Carol J. Goward	Concord Toastmasters Club	3/12/2010
Kerry D. Barnsley	Karner Blue Toastmasters	3/24/2010

Advanced Communicator Gold Awards

Name	Club	Date Achieved
Jane A. Rafuse	Sackville Club	3/24/2010
Carl J. Duivenvoorden	Civil Speakers Club	3/24/2010

Leadership Excellence (High Performance Leadership)

Name	Club	Date Achieved
Kishore P. Sasthiri	Exeter Speak-Ups Club	3/1/2010
Carolyn Handy	Toastmasters of Brattleboro VT	3/1/2010

More Educational Achievements received March 2010

Leadership Awards

Competent Leader Awards

Name	Club	Date Achieved
Lucy Drozd	Pine Island Toastmasters Club	3/3/2010
Margaret E. Cardoza	Greater Portland Toastmasters Club	3/10/2010
Melinda Scott	ACOA NB Speakers Choice / Choix des Orateurs Apeca NB	3/30/2010

Advanced Leader Bronze Awards

Name	Club	Date Achieved
Kathy S. Anderson	Concord Toastmasters Club	3/2/2010
Rebecca E. Jacobs	Running Hill Toastmasters Club	3/3/2010
Verne R. Lunan	River Talkers Toastmasters	3/5/2010
Heather Samson	Faithfully Speaking Toastmasters Club	3/10/2010
Malinda Lohnes	River Talkers Toastmasters	3/17/2010
David H Mills	Capital Toastmasters	3/29/2010

It's worth repeating.....

We're also celebrating these DTMs!!

Name	Club	Date Received
Jane A. Rafuse	Sackville Club	03/24/2010
Carl J. Duivenvoorden	Civil Speakers Club	03/26/2010

CanAM Link Contact Information

Publisher: Wendy Harding, DTM wendy.harding@toastmasters45.com 506-472-8688

Editor: Louise Bernier, DTM louise.bernier@toastmasters45.com 506-206-3669

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