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Publisher: Dan Bell, DTM
Editor: Wendy Harding, DTM

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www.toastmasters45.com

New Club Chartered!

Congratulations to the members of District 45's newest club, ACOA NB Speakers Choice / Choix des Orateurs APECA NB, Club 994896, Area 13, Division C, who were granted their charter on August 23, 2006. Congratulations to sponsors Hirvelt (Vilo) Pierre-Louis (who is also Charter President), and Arlana Gillis and also to mentors

Semi-Annual Dues Collection Alert!

It is that time again for membership dues to be collected and sent to Toastmasters International.



The Dues Renewal Invoice for the October 1, 2006, through April 30, 2007, period was mailed to club presidents of record the last week in August. Help expedite the processing of your club's renewals and take advantage of paying your renewals online using a credit or check/debit card. Not only will your club receive a receipt confirmation, but the credit card and report will be processed immediately. Each club has a password in order to enter into the secure part of the Web site which will be printed on the dues renewal invoice. WHQ accepts MasterCard, VISA, AMEX and Discover. WHQ also accepts check/debit cards that have a MasterCard or VISA insignia. [Here are some helpful hints and things to remember:](#)

- Submit your dues by one method only! Submitting duplicates slows down the process.
 - Clubs paying by check must mail their renewals to WHQ. The renewal is not counted as being paid until the invoice and check are at WHQ.**
 - Do not e-mail your renewal to WHQ. It is not secure to submit credit card information via e-mail. Online, FAX and mail submissions are secure.
 - DO NOT submit your dues renewal invoice/list of members and payment separately. Include complete information together. WHQ processes more than 10,000 submissions and it is difficult to match up submissions when items are tendered separately. It also delays the processing of the renewal.
 - Renewals are due October 1, 2006. In order to receive on-time credit in the Distinguished Club Program, renewals must be either renewed **on-line** no later than October 1 **or by mail**, postmarked October 1** AND received at WHQ by 5 p.m. Pacific Time, October 10, 2006.
- **Please remember that October 1 is a Sunday. Please consult with your Post Office to determine the latest mailing time which will allow your envelope to be post-marked by the October 1 deadline. In some locales this may be as early as Friday!**

District's Newest DTM!

Congratulations to Jason Oldford for achieving his DTM. Jason is a member of Fredericton Toastmasters #2204. This is a significant accomplishment for Jason in light of his various medical challenges over the last few years. In spite of the time and energy these challenges cost Jason, he still focussed on his goal and achieved it. Jason has served as District statistician for several years. Congratulations Jason!

District Governor



Dan Bell, DTM
District 45
Governor

A Little More P.E. in Toastmasters!

We hear a lot these days about giving our children more P.E. in school...*Physical Education!* I know I could sure use a lot more of that in my life. In Toastmasters, I can give a speech with a copious amount of body language or maybe my heart will race a little faster leading up to my taking the lectern, but it's no substitute for the real thing.

In Toastmasters (indeed, in life itself) there is another type of P.E. – *Planning & Execution*. We need this form of P.E. as much as we need to be more physically active. Planning allows us to set goals and the routes we take to achieve them. All the planning in the world is for naught, however, unless we also execute the strategies and tactics to get there.

Have you set a goal for your Toastmasters experience this year? Are you *planning* to give at least a couple of speeches this year? Are you *planning* to work on the new Competent Leader manual at every meeting opportunity? If you are a member of your club's executive, have you finished *planning* your Club Success Plan?

Every year I set a goal for myself and this has helped me achieve these goals in most years. Why not every year? We have to be real about things...priorities change constantly in our lives. When this happens, it is important to acknowledge these changes and, in turn, adjust our goals to suit our new situation. Try to maintain a positive attitude or even better yet, help other members maintain a positive outlook. Instead of saying "Now I can't do that", tell yourself "I can still achieve *this!*"

Achieving my goals in Toastmasters has allowed me to do so many new and wonderful (and, yes, sometimes scary) things in my life. Through **Ownership, Nurturing, and Empowerment** you can accomplish your goals...**O.N.E.** at a time!

Stay tuned for my article next month when we'll discuss the "execution" portion of P.E.!

District 45's First and Second Triple Crown Achievers!



Congratulations to the District's first and second Triple Crown Achievers for the 2006-07 year, Michael Kennedy, DTM and Candice Buell, ACG. Michael, Division D Governor, is a member of Schooner Toastmasters Club #3978 and he achieved his ACG, ALS and CL. Candice, Lt Governor of Marketing and member of Tri-City #7682 and Excel-Orators #4557 achieved her CC and ACG for Tri-City and a CC for Excel-Orators. Congratulations Michael and Candice!

Toastmasters International Convention

Toastmasters from around the world converged on Washington, DC August 23-26, 2006 for four days of learning, achievement, entertainment and friendship. Region VII's own District 36 hosted the event.

Educational sessions were broken into four tracks: communication, skill building, leadership and Club & District Success and were held Wednesday to Saturday.

On Wednesday, Toastmasters International proudly presented The Golden Gavel, it's highest honor for communication excellence to **Jim Kouzes**, a highly regarded leadership scholar who *The Wall Street Journal* cited as one of the 12 best executive educators in the United States.



Johnny Uy, DTM
President
Cebu City, Philippines

Photo from TI Website

On Friday morning, the annual business meeting was held. Johnny Uy, DTM of Cebu City, Philippines was elected president for 2006-2007. His Presidential theme for the year will be "Toastmasters: Simply Amazing". More on this years theme in future editions of "CanAm Link". Val Albert, DTM of Saratoga Springs, NY was elected as 2006-2008 Region VII International Director joining Chris Emond, DTM on the International Board as Region VII's representatives.

Although entering the race as Region VII's majority candidate, District 45's Shirley Kelly, DTM of Riverview was defeated, however she has already thrown her hat in the ring for the position for 2007-2009.



Candice by Candice Buell

At the Hall of Fame luncheon on Friday, District 45's District Governor Dan Bell, DTM received the Excellence in Education & Training award for 2005-06 and Lt Governor Marketing, Candice Buell, ACG/CL received the Top Five Newsletter Award for 2005-2006. Congratulations to Dan and Candice (pictured



Candice by Candice Buell

receiving their respective awards from 2005-06 International President, Dilip Abayasekara, on their successes and awards! You've made us proud!

Excitement abounded at Saturday morning's World Championship of Public Speaking. Winners were:

World Champion: Edward Hearn, District 30, Region V: "Bouncing Back"
2nd place: Douglas Wilson, District 58, Region VIII: "Defining Moments"
3rd place: Rich Hopkins, District 9, Region I: "What We Knew Then"

Capping off the Convention was Saturday night's President's Dinner Dance where Past International President, John Greiner, DTM presided over the installation of newly elected officers and directors.

For more on the Convention, please visit www.toastmasters.org for the appropriate links.

Lt Governor of Education & Training



Heather Perkins, DTM
Lt. Governor of
Education & Training

Developing Your Leadership Skills

The introduction of the new Competent Leader manual marks the latest efforts by Toastmasters International to enhance the leadership development opportunities provided by the Toastmasters program. It makes leadership development opportunities available to members from the moment they join. It will strengthen not only the leadership of individuals but also the leadership for the clubs.

Whether you are a new member or a long-term member, you should complete this new Competent Leader manual. There are ten projects in the manual but within each project, there are different roles you must fulfill to complete the project. Most of these are roles that you would be filling during a regular meeting. The difference is that the manual makes you think about the contribution you can make through this role to the overall effectiveness of the club meeting. You are then evaluated on the leadership qualities you bring to fulfilling the particular role.

The manual helps you focus on leadership attributes such as critical thinking, time management, planning, delegating and team building to name but a few of the projects. For each project, you are asked to do a self-assessment related to the leadership attribute. You will be asked to assess if you are a good listener, how effectively you offer feedback, and how good your facilitation skills are. This self-assessment, along with the evaluations you receive of each role, will help you better determine the areas of leadership in which you may require more development and where your particular strengths lie.

Having members working in the Competent Leadership manual does require some additional planning and coordination because every role must be evaluated. It is up to the club to decide if these evaluations will be oral or written only.

Take the challenge. Start improving your leadership skills by working through the new Competent Leadership manual. You may order the manual from Toastmasters International or buy it at the bookstore at the fall conference. You can take **OWNERSHIP** of your leadership development and **EMPOWER** your club members through encouraging them to participate in this new program.

Triple Crown Program!



Those members of District 45 who achieve three or more educational designations (CC, ACB, ACS, ACG, CL (or new CL), ALB, ALS and DTM) during the period July 1/06 and June 30/07 will be recognized as a "Toastmasters Triple Crown Achiever". Benefits include:

- Individual recognition in District 45's Newsletter, distributed to all clubs in Vermont, New Hampshire, Maine and the Maritime Provinces.
- Recognition on a special "Wall of Fame" at Spring Conference in Halifax in May.
- Special prizes, to be presented at Spring Conference.
- Most importantly: maximized personal growth through the Toastmasters educational program.

With goal setting and commitment, achieving a Triple Crown is definitely doable! Tackle those speech and leadership projects with zeal, and be a District 45 TRIPLE CROWN achiever! (Note: Single and Double Crown winners - members with one or two educational awards - will also be acknowledged on the Wall of Fame.)

For more information contact Heather Perkins, Lt Governor of Education and Training, email: heather.perkins@toastmasters45.com

The "Old" CL

You may still apply for an "old" Competent Leader designation until June 30, 2008. To apply for this designation, you must have a CTM or CC designation, served as a club officer and participated in the preparation of a Club Success Plan, participated in officer training as a club officer, and conducted any two programs from The Successful Club Series and/or The Leadership Excellence Series. To apply for this designation, you must either fax your application to World Headquarters or send it by mail. You **cannot** apply for this designation on-line.



It's Contest Time!

Toastmasters International created the Humorous Speech and Evaluation Contests to provide an opportunity for speakers to improve their speaking abilities and to recognize the best as encouragement to all; to provide an opportunity to learn by observing the more proficient speakers who have benefited from their Toastmasters training and to recognize the value of humor in speaking.

While Clubs will be holding their club contests this month, Areas and Divisions are finalizing arrangements for their contests as well. Below is a list of the Area and Division contests to date. Support your club winners by attending your Area and Division contests! They are fun and educational! Why not volunteer to be a judge or a functionary while you're there? (List is not complete).

Area/Division	Date of Contest	Contest Times (Briefings maybe Prior)	Location
Area 1	October 12	7-9 pm	Sobey's Clayton Park Comm. Room, 287 Laceywood Drive, Halifax
Area 2	October 14	9 am	Atlantic Lotto, Moncton Please contact the Area Governor if planning on attending for security clearance
Area 4	October 12	7-9 pm	Saint John Vineyard, 204 Carmathan St., Saint John
Area 8	October 4	6:30-9 pm	Bread Loaf Corp, Rt 7 South of Middlebury, VT
Area 11	October 7	N/A	N/A

Lt Governor of Marketing



*Candice Buell, ATM-G, CL
Lt. Governor of Marketing*

“As important as building new clubs is, it is imperative that we maintain our existing members”

As LGM, I will focus on continuing to help Divisions build new clubs as well as on member retention. Continuous promotion and a variety of exciting, educational and fulfilling meetings with provide the necessary environment to maintain members. As important as building new clubs is, it is imperative that we maintain our existing members. The value of our members that have experienced the growth from their individual experiences is enormous. My goal is one new club in all four Divisions and to retain at least 10% more members than last year.

Part of the district’s mission is to ensure that each club effectively fulfills responsibilities to its members. In order to achieve this, the district must establish and maintain positive and supporting relations with each club. Area governors play a critical role in preserving this relationship via the area club visits, which are required twice a year. Area governors should complete their first round visit between July 1 and October 31 with a formal report due to TI no later than November 30th.

We welcomed our first new club ACOA NB Speakers Choice # 944896. ACOA is in Area 13, Division C in Fredericton, NB Canada. This is a Corporate club and is bilingual, The club has a very interesting element, in that members are committing to deliver a certain percentage of their speeches in their second language - an opportunity for language skills improvement as well as speaking skills improvement.

Remember to take part in this years theme by expressing O.N.E., Ownership, Nurturing and Empowerment.

TI’s Membership Contests INDIVIDUAL RECOGNITION! July 1/06-June 30/07

Why Did You Join Toastmasters? For most members it’s because someone invited them to a meeting or maybe their boss told them to join. What about you? Have you done your part? Think of the people you know who should join Toastmasters. Make a list, speak with each one, invite them to your club meeting. No need to be shy. Think of what Toastmasters has done for you. The same can be said for many others, now and in the future. Give them the opportunity!

Consider this: you encourage five people to join, they each encourage five people to join, who each encourage five people to join. You can see where this is going. Over the space of a few years your invitation can positively affect scores, even hundreds, of people. Aside from feeling good about your contribution you can earn the following:

- The unique pin is for those individuals who sponsor five new members
- The Gold Star pin is the reward for those sponsoring 10 new members
- Toastmasters necktie or scarf is given to individuals sponsoring 15 or more members

Program Details:

- This membership program begins July 1 and ends June 30
- All members of Toastmasters clubs are eligible and are encouraged to participate
- To receive credit as a sponsor your name must appear on the application for Toastmasters club membership (Form 400) **ALONG WITH YOUR HOME CLUB NUMBER.** Please print or type information legibly. No changes will be made to the applications once they are received by World Headquarters.
- New, dual or reinstated members count for credit; transfer and charter members do not
- The new member’s join date must fall within the July to June range.

Applications and payment must be postmarked no later than June 20, and received at World Headquarters by 5:00 p.m. Pacific Time July 7. Online applications must be received no later than June 30.

Reprinted from "2006-2007 Membership Building Contests" brochure published by TMI

Contests, Continued from Page 2

Area/Division	Date of Contest	Contest Times (Briefings maybe Prior)	Location
Area 12	September 30	6 pm	Holiday Inn, Main Street, Concord, NH
Area 13	October 12	7-9 pm	Fredericton Inn, Fredericton
Area 15	October 7	4-6 pm	Dwinell Rm, Alice Peck Day Hospital, Lebanon, NH
Area 16	September 30	N/A	N/A
Area 17	October 14	9:30 am	Emerald City Comm Center, Emerald City, PEI
Area 18	October 7	10 am	Shatford’s By the Sea Restaurant, 729 Hwy 329 Fox Point, NS
Division A	October 21	N/A	N/A
Division B	October 28	10 am—2 pm	Verillo’s, Portland ME Contact: dnowak@suscom-maine.net if attending
Division C	October 21	12 noon—4 pm	All Seasons Inn, Sussex, NB
Division D	October 21	2 pm	Northwood Manor, Penthouse, 2615 Northwood Terrace, Halifax.

Public Relations Officer



Wendy
Harding, DTM
Public Relations
Officer

I believe that Public Relations can be broke down into two categories.

The first, what I refer to as **“overt”** public relations, encompasses the use of press releases, newsletters and websites. The second kind, I affectionately refer to as **“covert”** public relations. It’s subtle and something we all can participate in.

For example, talk around the water cooler at work usually at some point revolves around what’s happening that night or that weekend. Talk about something you’re doing at your TM Club. Table Topics, contests, speeches. Casual conversation which is getting the Toastmaster message out.

What about a Toastmasters mug to hold your coffee or a TM mouse pad or letter opener for your desk? It’s surprising how just having those items around can remind people that you’re involved in “that group” and lead someone to ask about the program. Don’t forget that the District 45 website also has several computer wallpapers that can be downloaded. They are colorful, fun and eye catching.

Most importantly, don’t forget about your small TM logo lapel pin. Wear it proudly! Practice **“covert”** public relations and be your club’s best Public Relations weapon!

Award	Date Awarded	Member Name	Club Name
Competent Communicator	September 5, 2006	Sharon A. Kelly	Miramichi TM Club
	September 6, 2006	Fiona A. V. Haysom	Spirit-Ed TM Club
	September 12, 2006	Jay J. Wilson	Sackville Club
	September 13, 2006	Cherrie Plummer	Ecotoasters Club
	September 19, 2006	Joseph Sherwood	Top of the Town Club
Advanced Communicator Bronze	September 7, 2006	Jerry Katz	Spirit-Ed TM Club
	September 20, 2006	Joanne Terranova	Brunswick Club
Advanced Communicator Silver	September 13, 2006	Pierre Joseph Dupuy	Sackville Club
	September 20, 2006	Chris Standen	Mind to Heart Christian Club
Leadership Excellence	August 1, 2006	James Bendell	Toast of the Coast TM Club
	September 1, 2006	Barbara Bell	Sackville Club
Competent Leader	August 1, 2006	Deanna L. Brewer	Fredericton TM Club
	August 1, 2006	Joan E. Tessier	TM of Manchester Club
Competent Leader (New)	September 13, 2006	Timothy W. Smith	Blueberry Hill Club
Distinguished Toastmaster	August 1, 2006	Jason Oldford	Fredericton TM Club

Half-Way There Certificates

Has someone in your club recently completed five speeches toward a Competent Communicator designation or are they halfway to an Advanced Communicator designation? Is someone about to complete their 5th speech? If so, go to <http://www.toastmasters45.com/award-halfway-submit.php> on the District 45 website and complete and submit the form. The Lieutenant Governor of Education and Training will send you a halfway certificate to present to your member at a club meeting. If you submit this form several weeks prior to the member completing the 5th speech, you can have the certificate on hand to present immediately upon the member completing the speech.

From the Catalogue

Toastmasters International promotional items mentioned in Wendy Harding’s PRO article such as mugs, mouse pads or letter openers are available from the Toastmasters 2006 supply catalogue or on the TI website at <http://www.toastmasters.org>.

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Fall Conference



It's Time for the Fall Conference! Submitted by Deb Nowak, Conference Chair

The District 45 Fall Conference is right around the corner. We hope to see you on November 3 – 5 in Freeport, Maine. We are working hard to provide a fun, stimulating, and quality conference at affordable prices—and in a charming location that is central to District 45. The contests will be entertaining, the educational sessions will be thought-provoking, and the activities will be delightful.

Full conference registration includes admission to all events, including all educational sessions, the Humorous Speech Contest, the Evaluation Contest, the Saturday Awards Luncheon, the Saturday Evening Banquet, and the Sunday Morning Breakfast Buffet, – All for just \$100.00 U.S. This is the lowest-priced conference in years—and yet, still high quality! A la carte registration is also available.

Registration and hotel information is on the District 45 website at <http://www.district45conference.com>.

We hope to see you there!

Helping You and Your Club Achieve Success

We have an **excellent line-up of educational sessions** for the fall conference. These sessions will help you, as an individual Toastmaster, and your club, achieve success. The educational sessions alone are worth the registration fee of \$100.00!!

Our Feature Presentation:

Our feature presenter this fall is **Dave Sanfacon**. Dave is a Toastmaster in our neighboring District 31. In 2000, Dave won the District 31 humorous speech contest. "That's when I decided I wanted to become the best speaker in the world. But I needed to separate myself from the other speakers." So over the next three years, Dave participated in 26 weeks of acting classes, 18 weeks of improvisation workshops, delivered over 150 speeches, and competed in over 30 speech contests around New England and the Atlantic Coast. On August 23, 2003, before an international audience of 1,500 (and a BRAVO Television film crew) Dave competed at the World Championship of Public Speaking and placed second in a field that began with 25,000 contestants worldwide! "It was an incredible journey. My goal now is to share what I've learned in hopes of inspiring others to become more powerful communicators."

Public Speaking --- Unleashing Your Inner Frog – Is it possible that the old bugaboo of nervousness is actually the “competitive edge” we need when taking the stage? Is it possible that breaking the rules is the best kept secret of world class speakers? Is it possible to lose an International Speech Contest due to unhappy clothing? Please join Dave Sanfacon, together with a dancing amphibian and a neurotic dead guy facing judgment day, as they share invaluable clues designed to unlock the mysteries of powerful public speaking.

Essentially, the audience will learn about the necessity of nervousness, embracing nervousness, and how to transform nervousness into energy. They will learn the importance of “speaking rules” and the necessity (and fun!) of breaking the rules. They will learn the #1 secret of successful stage performers, and the need to incorporate aspects of performance into their speeches. Finally, they will learn how to create a “speech recipe”.

The program is designed to get people out of their heads, onto the stage, and into their performance. It is a lively and interactive program utilizing (and showing) the classic Looney Tunes Cartoon “Michigan J Frog” as a metaphorical thread for turning anxiety into power. It is an irreverent look at the Toastmaster “rules” we must follow, and the rules we must break in order to engage our audience.

And Now for the Rest:

We also have a great variety of entertaining and educational sessions presented by our very own talented and dedicated District 45 Toastmasters. A brief description of the sessions is provided here. More detail and information on the presenters will be provided on the District 45 website.

Fall Conference

Contest Judging – this workshop is mandatory for all judges for the Humorous Speech and Evaluation contests (unless you participated in either of the last two workshops). This workshop will discuss the basics of effective judging.

After Basic Speech Learning, Competent Communicator, What Do I Try next? - Toastmasters allows you to see/try/practice what works in a speech and how it can be improved. Too many Toastmasters continue to give same pattern type speeches without creating a new format. This educational session will be an opportunity to learn different ideas of creative thinking/speaking and an opportunity for each of us to share examples of things tried to enhance our speaking abilities.

Successful Clubs Grow – Successful clubs are those clubs that not only retain members but continually recruit new members. This interactive session will discuss the importance of membership retention and membership growth to the success of the club. You will learn about the benefits of membership growth to you as an individual member. You will discuss ideas for keeping your members active and ideas for growing your membership.

Find Your Voice – Dr. Morton Cooper, a speech pioneer and "voice doctor to the stars" developed a plan to put magic in your voice. His advice and expertise make all the difference in the world to public speakers. Find your own commanding and attention generating voice! Master the elements of voice production! Through Toastmaster desire for self-improvement (all that is really needed) and an exemplified introduction to premium voice production, you will enjoy understanding your voice generation and employ your own exemplified voice delivery skills.

Using Educational Modules for Club Success – in this session, you will learn about the Better Speakers, the Successful Club and the Leadership Excellence Series. You will learn how the use of these modules can contribute to club success. You will also learn how these modules contribute to member development and how you can use them to help achieve your educational goals.

Our Conference Hotel

Hilton Garden Inn Freeport Downtown

5 Park Street, Freeport, Maine, United States 04032

Tel: +1-207-865-1433 Fax: +1-207-865-1432

www.freeportdowntown.stayhgi.com

Special Toastmaster rate of \$99.00 US plus tax per night. Deadline for this special Toastmaster rate is October 26, 2006. After this date, the price will be the prevailing rate (between \$139 and \$169), and reservations will be accepted only upon availability.

Special Note for Division Speech & Evaluation Winners:

Six rooms are being held until Monday, October 23 for two contestants from Divisions A, C, and D. Contestants must notify Deb Nowak by October 23 to obtain a room.

Three ways to make your overnight room reservations:

1. Call the hotel directly and ask for the Toastmasters Conference.
2. Call 1-877-stayHGI and ask for the Toastmasters Conference.
3. Go to the hotel web site, www.freeportdowntown.stayhgi.com
Enter CHECK-IN and CHECK-OUT dates.
Click on GO.
Scroll down this second web page to the section marked SPECIAL ACCOUNTS (OPTIONAL).
Next to the GROUP/CONVENTION CODE, enter TMD in the box.
Scroll to the bottom of the page and click CONTINUE.
Your special room rate of \$99.00 will appear.
Select bed type preferred.
Click CONTINUE again to complete reservation. A credit card is necessary to complete the reservation.

Check-in time is 3:00 p.m. EST.

Fall Conference

Our Schedule*

Friday, November 3, 2006

4:00 P.M.—7:30 P.M. Conference Registration Desk Open (main lobby)
8:00 P.M.—11:00 P.M. Hospitality Suite Open
Refreshments / T-Shirt Swap

Saturday, November 4, 2006

7:00 A.M.—4:45 P.M. Conference Registration Desk Open (outside Jewell Room)
7:00 A.M.—8:20 A.M. District Executive Committee Meeting
7:45 A.M.—10:15 A.M. Credentials Desk
8:00 A.M.—4:45 P.M. Silent Auction
8:30 A.M.—8:55 A.M. Opening Ceremonies
Parade of Flags (State, Province, and Country only)
Opening Remarks by District Governor Dan Bell
8:30 A.M.—4:45 P.M. Bookstore Open (outside Jewell/Eagle Rooms)
9:00 A.M.—10:20 A.M. **Judges Educational Session**
Judges Training (**This session is mandatory for all contest judges and optional for others.**)
Educational Sessions
District 45 Business Meeting
Awards Luncheon
9:00 A.M.—10:20 A.M. **Educational Sessions**
10:30 A.M.—11:45 A.M. **Coffee Break**
12:00 NOON—1:30 P.M. **Educational Sessions**
1:40 P.M.—2:50 P.M. **Educational Sessions**
2:50 P.M.—3:00 P.M. **Educational Sessions**
3:00 P.M.—3:35 P.M. **Educational Sessions**
3:40 P.M. Free Time for All **except** Contestants, Judges, and Officials
Humorous Speech Contest Briefing for Contestants, Judges, and Officials.
(Evaluation Contestants may view room at this time)
Humorous Speech Contest
5:00 P.M.—6:30 P.M. Social Hour - Cash Bar
6:30 P.M.—7:00 P.M. Banquet & Humorous Speech Contest Awards
7:00 P.M.—8:45 P.M. Hospitality Suite
9:00 P.M.—12:00 A.M.

Sunday, November 5, 2006

7:00 A.M.—9:15 A.M. Conference Registration Desk Open (outside Jewell Room)
8:00 A.M.—9:00 A.M. Breakfast Buffet
8:30 A.M.—8:45 A.M. **Evaluation Speech Contest Briefing for Contestants, Judges, and Officials.**
9:00 A.M.—10:00 A.M. Evaluation Contest and Awards
10:00 A.M.—10:30 A.M. Closing Remarks by District Governor Dan Bell

*Subject to change

The Incentive.....

Here is an incentive for all Area Governors and Division Governors to boost attendance at this conference. Any Area with 5 or more members attending with the full registration package (not including District Officers) will receive a \$25 certificate good for the purchase of items at the conference bookstore! Just think of the items you can buy to use in your areas as prizes or incentives!

We challenge the entire membership of District 45 to help their Area meet the requirements for this incentive and be eligible for the prize! Register now to attend!

Fall Conference

Early Bird Special for Full Registrations!

Register by Monday, October 16 to be entered into the "Early Bird Drawing." Two winners will be awarded one free night at the Hilton Garden Inn Freeport.

Name: _____ Educational Designation: _____

Address: _____

Email: _____ Phone: _____

Home Club Name/Number: _____

Current/Previous District Offices Held: _____

This is my first District Conference: _____

	Self	Guest 1 Name	Guest 2 Name	Guest 3 Name	Total US Dollars
Full Registration: US \$100.00					\$
A La Carte Registration:					\$
Saturday					\$
Educational Sessions: US \$10.00					\$
Awards Luncheon: US \$30.00					\$
Humorous Speech Contest: US \$15.00					\$
Banquet (does not include Con- test): US \$35.00 (See dinner selections below)					\$
Sunday					\$
Breakfast Buffet does not include contest: US \$20.00					\$
Evaluation Contest: US \$10.00					\$
Total:					\$

Fall Conference

Saturday Evening Dinner Selections

Please make one selection for each person registered for the Saturday evening dinner:				
	Self	Guest 1	Guest 2	Guest 3
Slow-Roasted Prime Rib of Beef (Tender 12-oz cut with Creamy Horseradish and Natural Juices)				
Bronzed Filet of Salmon with Cu- cumber Dill Sauce				
Breast of Chicken Stuffed with Dried Cranberries and Nuts, Chardonnay Sauce				

Please make checks payable in **US Dollars** to **District 45 Fall Conference**.

Mail to: Deb Nowak
76 Adams Landing
Topsham, Maine, USA 04086

Special Note for Club Presidents and VP-Education:

Can't make the conference?

Be sure to complete your Proxy Form and send it with a club member!

PROXY

I, _____, President / VP Education (indicate position) of
_____ Toastmasters Club, # _____, do hereby give my proxy to
_____ for the District Council Meeting to be held at the District 45 Fall
Conference on Saturday, November 4, 2006 in Freeport, Maine.

President and/or VP Education Signature
(indicate position) _____

Date: _____

Note:

Only the Club President and VP Education are eligible to vote at the District 45 business meeting. If neither the President nor the VP Education are able to attend, they may assign their vote to another club member in good standing by completing this Proxy Form. The proxy holder may be assigned one vote for the President and one vote for the VP Education.

This form must be presented at the Credentials and Elections Desk prior to the start of the business meeting. The Credentials and Elections Desk will be open from 7:45 A.M. - 10:15 A.M. on Saturday morning. The business meeting will start at 10:30 A.M.

Things to Note...

Celebrating District 45 Club Anniversaries!

- | | |
|---|--|
| <p><u>July:</u>
 #2672 Golden Toastmasters, Fredericton, NB 19th Anniversary
 <u>August:</u>
 #1083 Oxford Orators, Nashua, NH 6th Anniversary
 #688 Miramichi TM, Miramichi, NB 33rd Anniversary
 #2156 Brunswick TM, Brunswick, ME 37th Anniversary</p> | <p><u>September:</u>
 #821874 Smooth Talkers, Halifax, NS 1st Anniversary
 #701836 ABU Stasis TM, Moncton, NB 2nd Anniversary
 #2112 Capital TM, Concord, NH 5th Anniversary
 #2381 Bathurst TM, Bathurst, NB 29th Anniversary</p> |
|---|--|

District 45, it's members and Executive, wish these clubs many more successful, DISTINGUISHED years!



Members Marry

Audrey Schneider, DTM and Dennis Hett, ATMS were united in marriage on September 2, 2006. Audrey is a former Division A Governor, Public Relations Officer and Area Governor and is currently District Directory Editor and is a member of Amoskeag Better Communicators Club #7347 and Excel-Orators #4557. Dennis is a former Area 16 Governor and is a member of Toastmasters of Manchester #4227 and Excel-Orators #4557. Congratulations and Best Wishes from all District 45 members!




Congratulations to All!!

82.8% of our clubs have had 4 or more officers trained. This is one of the best results we have ever had. In particular, congratulations to Areas 1, 4, 6, 7, 8, 10, 12, 13, 14, 15 and 19 which had all clubs with 4 or more officers trained. This is a fantastic result and I'm looking forward to even better results in January!

-Heather Perkins
 Lt Governor of Education and Training

District Performance 2006-07 Scorecard

Topic	Requirement	Achieved to Date
Planning	High Performance Plan Be Submitted by Sept 30th	Not yet!
Training	85% of Division Governors & Area Governors Trained	
Clubs	94	93
Membership (number of semi-annual dues payments)	3952	3875
Competent Communicator Designations Earned	135	16
Advanced Communicator Designations Earned	38	8
Leadership Designations Earned	92	13